

2023 Varsity PRE-SEASON PRACTICE SCHEDULE

IF we are cleared to get on the field practices will be as follows:

Varsity team 4:30-6:00 Mon thru Fri - (except for scrimmages below), some days we will all practice together and use the 3:00-5:00 time slot – FB page, and practice announcements.

Scrimmages are as follows:

PLAYERS MUST RIDE THE BUS to games. If they are signed out they may ride home with their parent

- 3/30 – 4pm AT EXETER HS
- 4/4 – 4pm AT St. Thomas
- 4/6 – 4:45pm AT PORTSMOUTH (Field near Rite Aid and Market basket – off Market Street)
- 4/7 – 4pm AT SPAULDING HS (Rochester)

- Once season starts (4/10) – practices will be every day (M-F) when on non-game days

IF FIELD IS NOT DRY – We will be in Gerrish Gym and three week schedule will be updated